



## Culture and Person-Centered Practice Video Series: Maria Martinez

NCAPPS made a video series called [Culture and Person-Centered Practices](#). The videos are posted on the NCAPPS YouTube channel. In these short videos, people tell their stories about what culture and person-centered practices mean to them. This is a summary of their stories.

### Maria Martinez

Maria is a brain injury survivor. She also cared for her aging mother. She shares how important their culture is for them. Maria says about her mother, “As an indigenous woman from Mexico, her culture is important for maintaining balance in our lives.” Maria says their culture impacts the way they want to receive medical care. She describes how person-centered practices must support their culture, values, and religion. For example, it is much better when a provider uses their language.

Maria says, “Let us celebrate who we are with dignity, respect, and compassion. And honor our culture and other people’s cultures.”